

## Mare a Mare North: Moriani - Corte

6 days / 5 nights

The Mare a Mare North is a classic hiking trail and one of our favourite walking tours in Corsica. Starting from the Costa Verde, this version of the Mare a Mare North will take you all the way up to Corte and to the lush green forests of the Castagniccia and the Boziu.

This trip has been especially designed for those who wish to make the most out of their walking holiday amidst Corsica's magnificent landscapes without having to transport their bags to new hotels every day.

So embark on this wonderful walking adventure for a unique and memorable experience!

### YOUR PROGRAM

#### Day 1 - From Moriani to Santa Reparata (I Pentì)

Start your trip in Bastia, a transfer is organized to reach Moriani, start of the trek (about 1 hours drive). Walk to the village of Moriani and leave its meadows and vineyards to reach the Castagniccia. In this particular region, you will get to discover the beautiful church of San Nicolao and the hamlet of I Pentì.

Night in I Pentì.

Walking: 3h30.

Height gain: 730m.



#### Day 2 - From Santa Reparata to the Valle d'Alesani

On this second day of the tour, you will explore villages, with unusual grey-green houses, and walk in the shade of a chestnut grove. During your hike, you will also see that beautiful churches populate the deserted Castagniccia, a region which was once the most inhabited part of the island.

Walking: 4 hours.

Height gain: 730m.

### **Day 3 - From the Valle d'Alesani to Pianellu**

Today, you will walk to Pianellu in the shade of a centuries-old forest. The path is crowned with ruins of olden times, streams and bridges where hawkers used to wander and sell their goods.

Walking: 4h30.

Height gain: 840m.



### **Day 4 - From Pianellu to Sermano**

After leaving the Castagniccia, you will enter the Boziu region and get exceptional panoramic views from the Incudine in the South and the Monte Cinto in the North. You will walk through many authentic Corsican villages which merge beautifully into the landscape.

Walking: 5 hours.

Height gain: 750m.

### **Day 5 - From Sermano to Corte**

While walking on the paths of the Boziu region, you will come across countless frescoed chapels located in enchanting little villages. You will progressively walk into an environment where a great variety of plant species abound: chestnut trees, Corsican scrubland, and wild strawberry trees will accompany you all the way up to Corte, a town at the heart of Corsica, which was once declared the capital of the Isle of Beauty by Pascal Paoli.

Night in a comfortable hotel.

Walking: 5 hours.

Height gain: 790m.



### **Day 6 - Your trip ends here**

Your trip ends here, after breakfast. You will be able to return to Calvi, Bastia or Ajaccio by train.

You will also have the opportunity to start the western part of the Mare a Mare North in order to complete this wonderful hiking trail.

## **Additional information**

### **TARIFFS**

Price from 790 euros per person.

### **OPTIONS**

Trip without luggage transfer : -370 euros per person.

### **INCLUDED**

Accommodation (4 nights in dormitories, 1 night in 3-star hotel), breakfasts from day 2 to day 6, evening meals from day 1 to day 4, luggage transfers, transfer from Bastia to Moriani, information package with maps and route notes.

### **NOT INCLUDED**

Beverages, insurance, visits of tourist sites, transfers which are not included in the tour, picnic lunches, transport option from Corte.

### **LEVEL OF DIFFICULTY**

Easy/medium: you will need to be in good physical condition. Duration: from 3h30 and up to 5 hours. Road surface: well marked paths.

### **CARRYING**

Luggage transfers by vehicle. You only need to take with you what you wish to have available during the walk (water, picnic lunch, camera etc.).

### **ACCOMMODATION**

4 nights in Gîtes (shared bedroom and bathroom), 1 night in 3-star hotel.

## **SIZE OF GROUP**

From 2.

## **DEPARTURES**

Every day from the beginning of May to the end of September.

## **DEPARTURE**

Bastia.

## **DISPERSION**

Corte.

## **EQUIPMENT TO TAKE**

- A good pair of walking boots (ones that you have used before), with ankle support and non-slip soles.
- Good quality walking socks
- A comfortable rucksack (either for all of your kit or as a day sack) with plenty of plastic bags to keep your kit dry.
- If you are having your luggage transferred, please make sure that you have only one bag for the transfers, with a maximum weight of 15 kilos. It should be an easily transportable soft bag or with wheels.
- T-shirt and shorts (depending upon the likely weather)
- Light trekking trousers (not jeans)
- It is good to be able to 'layer' your clothes – with several light tops (for protection against cold, wind or sun)
- A warm sweater, polar or fleece. Beanie, gloves.
- Waterproofs – such as an anorak (Gore-tex or micro pore for example) or poncho.
- A bathing suit and towel
- Sandals or flip flops for beaches, river wading, or for wearing in the evening (it's important to be able to rest your feet from your walking boots)
- Sun cream plus sunglasses and a hat or cap
- A change of clothes
- For the picnics, you will need a small Tupperware box (for stews or salads), a plastic mug, a knife and fork. A Swiss Army knife or a pen knife is optional but can be very useful.
- Walking poles can be very useful to take the weight off the knees and to steady yourself on uneven terrain.
- A water bottle (at least one). It is preferable that you should be able to carry at least 2 litres of water at any one time.
- Camera and film, or batteries and memory cards for digital ones.
- A light torch (with spare battery)
- A small first aid kit possibly including: Rehydration salts to combat dehydration or fatigue, something for cuts, sprains, blisters, breaks, burns, stings, and pain relief. Please remember any personal medication that you may need.
- Wash bag, including: toothbrush, toothpaste, towel, toilet paper. Preferably a biodegradable soap for washing fruit, washing yourself and for washing clothes (it is possible to buy a multi-purpose biodegradable soap). Earplugs can also be useful if you are sleeping in dormitories.
- Money – make sure you have enough cash on you for your trek (in Euros), as it is unlikely that you will be able to use a card or withdraw money if you are in the mountains.
- Maps – IGN maps of a scale and quality that allow you to see the route clearly. If you are on a self-guided tour, you will

more than likely be given copies of sections of maps. These should be clear enough to guide you along the route alongside the route notes, but we strongly recommend that you have the correct maps for the area of your walk. Please contact us if you need advice.

- A compass – but make sure you are able to read it before starting on your trek
- Mobile phone and charger (it may not always be possible to get a signal or to charge it, but it can be very helpful in many circumstances).
- Snacks (such as energy bars, dried fruit).
- If you are a vegetarian, we suggest you bring a good supply of nuts or other foods containing protein. It is not always possible to get a good balanced meal, particularly in the more remote places in the mountains.
- A waterproof plastic pouch in which to put your trip documents, identity papers and insurance documents.